# KENNETH R. WILGUS, PH.D, P.C.

LICENSED PSYCHOLOGIST

### **Confidential Client Intake Information**

| Date:   |                  |                          |
|---|------------------|--------------------------|
| Patient Name:   |                  |                          |
| Date of Birth: / Gender: [ ] M [ ]  | F                |                          |
| Address:  |                  |                          |
| City: S   | tate:            | Zip:                     |
| Employer:   |                  |                          |
| Business Phone: ( )   |                  |                          |
| Cell Phone: ( )   |                  |                          |
| Home Phone: ( )   |                  |                          |
| Email:  |                  |                          |
| I give permission for Kenneth Wilgus, Ph.D., P.C. to provide a<br>by: (please check no more than two) | utomatic appoi   | ntment reminder services |
| [] Email  |                  |                          |
| [ ] Cellphone   |                  |                          |
|   |                  |                          |
| I recognize that normal text messaging  | ıg rates may apı | oly                      |
| Signature:  | Date:            |                          |

# KENNETH R. WILGUS, PH.D, P.C.

LICENSED PSYCHOLOGIST

### **Confidential Questionnaire**

| Name                                    |               | Age       |          |         |  |  |  |
|---|---------------|-----------|----------|---------|--|--|--|
| Occupation:                             | For how long? |           |          |         |  |  |  |
| Marital Statue (circle): single married | d remarried   | separated | divorced | widowed |  |  |  |
| ame of Spouse (if applicable):          |               |           |          |         |  |  |  |
| Married how long?                       |               |           |          |         |  |  |  |
| ease list the problem(s) with which yo  | ou want help: |           |          |         |  |  |  |
| 1                                       |               |           |          |         |  |  |  |
| How long has this been a problem?       |               |           |          |         |  |  |  |
| 2                                       |               |           |          |         |  |  |  |
|   |               |           |          |         |  |  |  |
| How long has this been a problem?       | ?             |           |          |         |  |  |  |
|   |               |           |          |         |  |  |  |
| 3                                       |               |           |          |         |  |  |  |
| 3                                       |               |           |          |         |  |  |  |
| ong has this been a problem?            |               |           |          |         |  |  |  |

| Have you had previous counseling or other pa | sychological treat | ment? Yes | No      |
|--|--------------------|-----------|---------|
| If so, where and when was this received? For | -                  |           |         |
|  |                    |           |         |
| Was this helpful?                            |                    |           |         |
| Health:                                      |                    |           |         |
| How would you rate your overall health?      | [] good            | [] fair   | [] poor |
| Date of last physical exam: Physical exam:   | ysician's name:    |           |         |
| Check all that apply to you:                 |                    |           |         |
| I have headaches once a week or more         | e                  |           |         |
| I have gained 10 lbs. or more within the     | he past 2 months   |           |         |
| I have lost 10 lbs. nor more within the      | past 2 months      |           |         |
| I have difficulty falling asleep             |                    |           |         |
| I wake up frequently during the night        |                    |           |         |
| I feel tired much of the time                |                    |           |         |
| I have a hard time concentrating             |                    |           |         |
| My memory is not as good as it used to       | to be              |           |         |

| Please list any medications that you are currently taking | _ |
|---|---|
|   |   |
|   |   |
|   | - |

Check all the feelings that you often have:

| happy                | sad             | angry     |
|----------------------|-----------------|-----------|
| irritable/"touchy"   | anxious/nervous | bored     |
| confused             | confident       | shy       |
| "hyped up"/energetic | guilty          | depressed |
| worried              | lonely          | worthless |

# **Drug and Alcohol Use:**

|                         | Never | Tried | Rarely | Monthly | Weekly | Daily |
|-------------------------|-------|-------|--------|---------|--------|-------|
| How often do you drink? |       |       |        |         |        |       |
| Smoke cigarettes?       |       |       |        |         |        |       |
| Smoke marijuana?        |       |       |        |         |        |       |
| Use other drugs?        |       |       |        |         |        |       |

### **Family Information:**

Please list all persons currently living in your home (ordered by age):

| Name  | Age          | Relationship To You     |
|---|--------------|-------------------------|
|   |              |                         |
|   |              |                         |
|   |              |                         |
|   |              |                         |
|   |              |                         |
|   |              |                         |
|   |              |                         |
| Please list any previous counseling or other psycholognembers?                                    | gical treatm | nent received by family |
|   | tical treatm | nent received by family |
|   | gical treatm | nent received by family |
| members?  | gical treatm | nent received by family |
| Does anyone in your family have a history of:   | gical treatm | nent received by family |
| Does anyone in your family have a history of:  problems with alcohol or drugs                     | gical treatm | nent received by family |
| Does anyone in your family have a history of:  problems with alcohol or drugs epilepsy (seizures) | gical treatm | nent received by family |

| Briefly describe your relationship with your mother:                     |
|--|
|  |
|  |
|  |
|  |
| Briefly describe your relationship with your father:                     |
|  |
|  |
|  |
|  |
| Educational History:   |
| Last grade completed in school:  |
| How well did you do in school?   |
| What areas were (are) you strongest in?                                  |
| What areas were (are) you weakest in?                                    |
|  |
| Faith Information:   |
| Religious preference (if applicable)                                     |
| Member of a church synagogue or temple?                                  |
| Please list any major changes in your life over the past five (5) years: |
| rease list any major changes in your fire over the past five (3) years.  |
|  |
|  |
|  |
| Is there anything else you want me to know about you?                    |
|  |